

CHAIR MASSAGE

Taught by Melody Bryant

6 hrs. \$100

Known as seated massage, chair massage, or on-site massage, this technique involves the use of a specially designed massage chair in which the client sits comfortably. The modern chair massage was originally developed by David Palmer, but the technique is centuries-old. Seated massage includes bodywork and somatic techniques, such as shiatsu, amma, and Swedish massage, provided to the fully clothed client in a variety of settings, including businesses, airports, street fairs, malls, Drs. Offices, special events the possibilities are endless.

Julie's Massage Therapy and School

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530-671-6300 or 682-4930