

# **LYMPHATIC DRAINAGE**

**16 HOURS \$265**

**The strokes applied in manual lymph drainage are intended to stimulate the movement of the lymphatic fluids in order to assist the body in cleansing. This is a gentle, rhythmical technique that cleanses the connective tissue of inflammatory material and toxins, enhances the activity of the sympathetic nervous system. The most widely taught and generally accepted form of this technique was created by a**

**Dr. Vodder of Austria and requires advanced training and precise movements.**

**Lymph Drainage Therapy is unique in that healthcare professionals learn how to palpate the lymphatic flow.**

**As they develop their skills, they can identify the rhythm, direction, and qualify the lymphatic flow.**

**The touch of lymphatic massage, is no more than the weight of a nickel.**

**Julie's Massage Therapy and School**

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**530-671-6300 or 682-4930**