

INTRODUCTION TO **LOMI LOMI**

Taught by Melody Bryant CMT

Class is 15 hours

Price is \$250

Lomi Lomi is an ancient Hawaiian healing art that was traditionally passed down through generations of families in Hawaii. Now it is available for all massage therapists to learn.

This system of massage utilizes very large, broad movements. Two handed, forearm & elbow application of strokes, which cover a broad area, are characteristic of lomi lomi.

The knowledge of this class will be a powerful new tool that could possibly change your massage routine.

In this class you will learn

- *The history and philosophy of LOMI LOMI*
- *True meaning of Aloha*
- *How to open joints and move fluids through the body in their natural rhythm*
- *Elbow massage techniques for specific areas*
- *Experience giving & receiving lomi lomi*

Julie's Massage Therapy and School

530-671-6300