

SHIATSU

Taught by Melody Bryant CMT

Class is 24 hours

Price is \$385

This type of therapy has been around for 4,000 years. Developed in Japan, Shiatsu is a finger-pressure technique utilizing traditional acupuncture points. Shiatsu concentrates on unblocking the flow of energy and restoring balance in the meridians and organs in order to promote self-healing. Learn how working specific pressure points help stabilize the body's health. The treatment brings about a sense of relaxation while stimulating blood and lymphatic flow.

As a practitioner you will learn to

Stimulate reflex points

Massage muscles and flex joints to restore balance and harmony

Increases Vitality

Promotes Health

Julie's Massage Therapy and School
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